



Virtual Bereavement Support Group

We are here for you!

Find comfort and support in a kind and understanding atmosphere.

- Meet others who are also grieving.
- Share ideas and receive support.
- Learn more about other JFS services.

Join us every Monday via **Zoom** for our
Virtual Bereavement Support Group.
Between 1pm - 2pm.



Talya Brea, LMSW
Bereavement
Support Group
Facilitator

Call the Helpline to register at 585.461.0114 or
email helpline@jfsrochester.org.

